



Walt Disney Parks and Resorts is committed to offering a wide range of options for you and your family. In order to assist Guests with their dining choices, we are able to provide lists of products that may be available. Please note that while we strive to provide as much information as possible, product offerings are subject to change at any time without notice and may not be available at all locations or at the locations suggested on these guides. Guests should notate any special dietary requests at the time of booking their dining reservation. Guests may also speak with a chef or manager upon arrival at the dining location.

WALT DISNEY WORLD® Resort - Gluten-friendly Dietary Guide

Disney's All-Star Resorts

End Zone Food Court - All Star Sports

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Dinner Roll - Udi's®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Baking Flour - Bob's Red Mill®
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Burger Bun - GNI
 Gluten Free Choc Chip Cookies - OMG
 Gluten Free Hamburger Bun
 Gluten Free Hot Dog Bun
 Gluten Free Individual Pizza - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Ice Cream - Rice Dream®
 White Bread - Udi's®

Intermission Food Court - All Star Music

Aproten Low Protein Penne Pasta
 Dinner Roll - Udi's®
 Egg Replacement Powder - Ener-G®

Gluten Free Baking Flour - Bob's Red Mill®
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Choc Chip Cookies - OMG
 Gluten Free Hamburger Bun
 Gluten Free Hot Dog Bun
 Gluten Free Individual Pizza - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®
 White Bread - Udi's®

World Premiere Food Court - All Star Movies

Aproten Low Protein Penne Pasta
 Chicken Tenders - AllergyFree
 Dinner Roll - Udi's®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Brownie - OMG
 Gluten Free Burger Bun - GNI
 Gluten Free Choc Chip Cookies - OMG
 Gluten Free Hamburger Bun

Gluten Free Hot Dog Bun
 Gluten Free Individual Pizza - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®
 White Bread - Udi's®

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Disney's Animal Kingdom Lodge

Boma

- Carrot/Spice Cake Mix - Namaste
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Brownie - OMG
- Gluten Free Brownie Mix - Bob's Red Mill®
- Gluten Free Burger Bun - GNI
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Rolls - GNI
- Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
- Gluten Free Vegan Cupcakes - BabyCakes NYC
- Gluten Free Whole Grain Bread - Udi's®
- Macaroni & Cheese - Amy's®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Sea Salt Rice Chips - Lundberg Farms®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sorbet Raspberry (Dairy Free) - Haagen-Daz®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®

Jiko

- Vanilla Pints - Tofutti®
- Vegan Mozzarella Cheese
- Carrot/Spice Cake Mix - Namaste
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Brownie - OMG
- Gluten Free Brownie Mix - Bob's Red Mill®
- Gluten Free Burger Bun - GNI
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Rolls - GNI
- Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
- Gluten Free Vegan Cupcakes - BabyCakes NYC
- Gluten Free Whole Grain Bread - Udi's®
- Macaroni & Cheese - Amy's®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Sea Salt Rice Chips - Lundberg Farms®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sorbet Raspberry (Dairy Free) - Haagen-Daz®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Cake Mix - Namaste

- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®
- Vegan Mozzarella Cheese

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Sanaa

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 DbI Choc Cookies- Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Blueberry Muffin - Udi's®
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Burger Bun - GNI
 Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
 Gluten Free Individual Pizza - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
 Gluten Free Vegan Cupcakes - BabyCakes NYC
 Gluten Free Whole Grain Bread - Udi's®
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Pizza Shell - Udi's®
 Rice Milk - Pacific Natural Foods®
 Sea Salt Rice Chips - Lundberg Farms®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Snickerdoodle Cookies - Enjoy Life®
 Sorbet Raspberry (Dairy Free) - Haagen-Daz®
 Sugar Crisp Cookies- Enjoy Life®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®

Vegan Mozzarella Cheese

The Mara

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 DbI Choc Cookies- Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Blueberry Muffin - Udi's®
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Burger Bun - GNI
 Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
 Gluten Free Individual Pizza - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
 Gluten Free Vegan Cupcakes - BabyCakes NYC
 Gluten Free Whole Grain Bread - Udi's®
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Pizza Shell - Udi's®
 Rice Milk - Pacific Natural Foods®
 Sea Salt Rice Chips - Lundberg Farms®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Snickerdoodle Cookies - Enjoy Life®
 Sorbet Raspberry (Dairy Free) - Haagen-Daz®
 Sugar Crisp Cookies- Enjoy Life®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®

Vanilla Pints - Tofutti®

Vegan Mozzarella Cheese

Disney's Animal Kingdom® Theme Park

Flame Tree Barbecue

Choc Chip Cookies - Enjoy Life®
 Gluten Free Brownie - OMG
 Gluten Free Burger Bun - GNI
 Gluten Free Choc Chip Cookies - OMG
 NSA Brownie - OMG
 Silk Vanilla Soymilk
 Tapioca Hot Dog Roll - Ener-G®

Gardens Kiosk (Allergy Cart)

Caramel Popcorn - Rocky Mountain Popcorn Company®
 Choc Chip Cookies - Enjoy Life®
 DbI Choc Cookies- Enjoy Life®
 Fiesta Lime Rice Chips - Lundberg Farms®
 Gluten Free Vegan Cupcakes - BabyCakes NYC
 Honey Dijon Rice Chips - Lundberg Farms®
 Live Granola Bar - Go Raw®
 Sea Salt Rice Chips - Lundberg Farms®
 Vegan Cookies - BabyCakes NYC™

Pizzafari

Choc Chip Cookies - Enjoy Life®
 Gluten Free Blueberry Muffin - Udi's®
 Gluten Free Brownie - OMG
 Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
 Gluten Free Whole Grain Bread - Udi's®
 Macaroni & Cheese - Amy's®
 NSA Brownie - OMG
 Silk Vanilla Soymilk

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Restaurantosaurus

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Gluten Free Brownie - OMG
- Gluten Free Burger Bun - GNI
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Whole Grain Bread - Udi's®
- Macaroni & Cheese - Amy's®
- Vanilla Pints - Tofutti®

Tusker House Restaurant

- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Double Chocolate Muffins Udis
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Blueberry Muffin - Udi's®

- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Cinnamon Raisin Bagel - Udi's®
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Whole Grain Bread - Udi's®
- Macaroni & Cheese - Amy's®
- NSA Brownie - OMG
- Pizza Shell - Udi's®
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Honey Graham Cookies- Enjoy Life®
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste

Disney's Blizzard Beach Water Park

Blizzard Beach

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Individual Pizza - OMG
- Macaroni & Cheese - Amy's®
- Vanilla Pints - Tofutti®

Disney's BoardWalk Resort Area

BoardWalk Bakery

- Chocolate Cake Mix - Namaste
- Double Chocolate Muffins Udis
- Egg Replacement Powder - Ener-G®
- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Vegan Blondie Bites - BabyCakes NYC
- Gluten Free Vegan Brownie Bites - BabyCakes NYC
- Silk Vanilla Soymilk
- Unsweetened Coconut Milk
- Vanilla Cake Mix - Namaste
- Vegan Cookies - BabyCakes NYC™
- White Bread - Udi's®

ESPN Sports Club

- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Hamburger Bun
- Silk Original Soymilk
- Silk Vanilla Soymilk

Trattoria al Forno

- Crispy Rice Bar (Berry) - Nature's Path
- Dinner Roll - Udi's®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Brownie - OMG
- Mozz Cheese Shreds - Daiya™
- Pasta, spaghetti gluten free
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste
- White Bread - Udi's®

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Disney's Caribbean Beach Resort

Old Port Royale

- Aproten Low Protein Penne Pasta
- Chicken Tenders - AllergyFree
- Chocolate Cake Mix - Namaste
- Dinner Roll - Udi's®
- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Pizza Crust - GNI
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Macaroni & Cheese - Amy's®
- Rice Crispy Milk Chocolate Bar - Enjoy Life®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Soy American Cheese - Tofutti®
- Soy Free Spread - Earth Balance
- Spaghetti Brown Rice - Tinkyada®
- Unsweetened Coconut Milk
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste
- White Bread - Udi's®

Shutters at Old Port Royale

- Aproten Low Protein Penne Pasta

- Chicken Tenders - AllergyFree
- Chocolate Cake Mix - Namaste
- Dinner Roll - Udi's®
- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Pizza Crust - GNI
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Macaroni & Cheese - Amy's®
- Rice Crispy Milk Chocolate Bar - Enjoy Life®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Soy American Cheese - Tofutti®
- Soy Free Spread - Earth Balance
- Spaghetti Brown Rice - Tinkyada®
- Unsweetened Coconut Milk
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste
- White Bread - Udi's®

Disney's Contemporary Resort

California Grill

- Elbow Pasta, Brown Rice - Tinkyada®
- Milk - Lactaid
- Pizza Shell - Udi's®
- Safflower Oil - Hollywood® Foods

- Vanilla Pints - Tofutti®
- Xanthan Gum - Bob's Red Mill®

Chef Mickey's

- Gluten Free Hamburger Bun

Contempo Café

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dinner Roll - Udi's®
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Cinnamon Raisin Bagel - Udi's®
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Doughnuts - BabyCakes NYC™
- Gluten Free Hamburger Bun
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Waffles - Van's™
- Macaroni & Cheese - Amy's®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Soy Free Spread - Earth Balance
- Waffle & Pancake Mix - Namaste
- White Bread - Udi's®

The Wave

- Dinner Roll - Udi's®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Hamburger Bun

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Disney's Fort Wilderness Resort & Campground

Mickey's Backyard BBQ

- Aproten Low Protein Penne Pasta
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dinner Roll - Udi's®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Brownie - OMG
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Waffles - Van's™
- Macaroni & Cheese - Amy's®
- Mini GF/Vegan Bread Loaves - BabyCakes NYC™
- NSA Brownie - OMG
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Soy Free Spread - Earth Balance
- Tapioca Hot Dog Roll - Ener-G®
- Tapioca Roll - Ener-G®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

Pioneer Hall - Hoop De Doo Review

- Aproten Low Protein Penne Pasta
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dinner Roll - Udi's®
- Elbow Pasta, Brown Rice - Tinkyada®

- Gluten Free Brownie - OMG
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Waffles - Van's™
- Macaroni & Cheese - Amy's®
- Mini GF/Vegan Bread Loaves - BabyCakes NYC™
- NSA Brownie - OMG
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Soy Free Spread - Earth Balance
- Tapioca Hot Dog Roll - Ener-G®
- Tapioca Roll - Ener-G®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

Trail's End and Fort Wilderness Bakery

- Cuties - Tofutti®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Pizza Crust - GNI
- Gluten Free Plain Bagel - Udi's®

Disney's Grand Floridian Resort & Spa

1900 Park Fare

- Caramel Popcorn - Rocky Mountain Popcorn Company®
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Baking Flour - Bob's Red Mill®

- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
- Gluten Free Hot Dog Bun - GNI
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
- Live Banana Bread Bar- Go Raw®
- Live Granola Bar - Go Raw®
- Macaroni & Cheese - Amy's®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk

- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Honey Graham Cookies- Enjoy Life®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®
- Waffle & Pancake Mix - Namaste
- White Bread - Udi's®
- Xanthan Gum - Bob's Red Mill®

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WALT DISNEY WORLD® Resort - Gluten-friendly Dietary Guide

Citrico's

Aproten Low Protein Penne Pasta
Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Dinner Roll - Udi's®

Elbow pasta gluten free

Gluten Free Brownie - OMG

NSA Brownie - OMG

Pasta penne gluten free

Silk Original Soymilk

Vanilla Ice Cream - Rice Dream®

Vanilla Pints - Tofutti®

White Rice Flour - Bob's Red Mill®

Gasparilla Island Grill

Caramel Popcorn - Rocky Mountain Popcorn Company®

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Chocolate Cake Mix - Namaste

Cream Cheese - Tofutti®

Dbl Choc Cookies- Enjoy Life®

Elbow Pasta, Brown Rice - Tinkyada®

Gluten Free Baking Flour - Bob's Red Mill®

Gluten Free Blueberry Muffin - Udi's®

Gluten Free Brownie - OMG

Gluten Free Choc Chip Cookies - OMG

Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®

Gluten Free Hot Dog Bun - GNI

Gluten Free Pancake Mix - Bob's Red Mill®

Gluten Free Plain Bagel - Udi's®

Gluten Free Rolls - GNI

Gluten Free Vanilla Glazed Donuts - Kinnikinnick®

Live Banana Bread Bar- Go Raw®

Live Granola Bar - Go Raw®

Macaroni & Cheese - Amy's®

Milk - Lactaid

Penne Pasta Brown Rice - Tinkyada®

Pizza Shell - Udi's®

Rice Milk - Pacific Natural Foods®

Silk Original Soymilk

Sugar Crisp Cookies- Enjoy Life®

Vanilla Honey Graham Cookies- Enjoy Life®

Vanilla Ice Cream - Rice Dream®

Vanilla Pints - Tofutti®

Waffle & Pancake Mix - Namaste

White Bread - Udi's®

Xanthan Gum - Bob's Red Mill®

Grand Floridian Café

Caramel Popcorn - Rocky Mountain Popcorn Company®

Cheddar Cheese Shreds - Daiya™

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Dbl Choc Cookies- Enjoy Life®

Elbow Pasta, Brown Rice - Tinkyada®

Gluten Free Baking Flour - Bob's Red Mill®

Gluten Free Blueberry Muffin - Udi's®

Gluten Free Brownie - OMG

Gluten Free Choc Chip Cookies - OMG

Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®

Gluten Free Hot Dog Bun - GNI

Gluten Free Pancake Mix - Bob's Red Mill®

Gluten Free Plain Bagel - Udi's®

Gluten Free Rolls - GNI

Gluten Free Vanilla Glazed Donuts - Kinnikinnick®

Live Banana Bread Bar- Go Raw®

Live Granola Bar - Go Raw®

Macaroni & Cheese - Amy's®

Milk - Lactaid

Penne Pasta Brown Rice - Tinkyada®

Pizza Shell - Udi's®

Rice Milk - Pacific Natural Foods®

Silk Original Soymilk

Silk Vanilla Soymilk

Snickerdoodle Cookies - Enjoy Life®

Sugar Crisp Cookies- Enjoy Life®

Vanilla Honey Graham Cookies- Enjoy Life®

Vanilla Ice Cream - Rice Dream®

Vanilla Pints - Tofutti®

Waffle & Pancake Mix - Namaste

White Bread - Udi's®

Xanthan Gum - Bob's Red Mill®

WALT DISNEY WORLD® Resort - Gluten-friendly Dietary Guide

Narcoossee's

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Gluten Free Brownie - OMG

Gluten Free Burger Bun - GNI

Gluten Free Hamburger Bun

Pasta penne gluten free

Silk Vanilla Soymilk

Tamari, WF and Red. Sodium - San-J

Tapioca Roll - Ener-G®

Vanilla Honey Graham Cookies- Enjoy Life®

Vanilla Pints - Tofutti®

Victoria & Albert's

Gluten Free Rolls - GNI

Silk Original Soymilk

Disney's Hollywood Studios®

ABC Commissary

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Gluten Free Brownie - OMG

Gluten Free Hamburger Bun

Backlot Express

Chicken Tenders - AllergyFree

Rice Milk - Pacific Natural Foods®

White Bread - Udi's®

Hollywood & Vine

Aproten Low Protein Penne Pasta

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Dinner Roll - Udi's®

Double Chocolate Muffins Udis

Elbow Pasta, Brown Rice - Tinkyada®

Gluten Free Blueberry Muffin - Udi's®

Gluten Free Brownie - OMG

Gluten Free Brownie Mix - Bob's Red Mill®

Gluten Free Cinnamon Raisin Bagel - Udi's®

Gluten Free Hot Dog Bun

Gluten Free Hot Dog Bun - GNI

Gluten Free Individual Pizza - OMG

Gluten Free Pizza Crust - GNI

Gluten Free Plain Bagel - Udi's®

Gluten Free Rolls - GNI

Gluten Free Whole Grain Bread - Udi's®

Gluten/Wheat Free French Toast Sticks

Macaroni & Cheese - Amy's®

Quiona Pasta, GF, Elbows - Ancient Harvest®

Silk Vanilla Soymilk

Sorbet Raspberry (Dairy Free) - Haagen-Daz®

Soy American Cheese - Tofutti®

Spaghetti Brown Rice - Tinkyada®

Vanilla Ice Cream - Rice Dream®

Vanilla Pints - Tofutti®

White Rice Flour - Bob's Red Mill®

Hollywood Brown Derby

Chicken Tenders - AllergyFree

Elbow Pasta, Brown Rice - Tinkyada®

Gluten Free Hot Dog Bun - GNI

Gluten Free Rolls - GNI

Spaghetti Brown Rice - Tinkyada®

Vanilla Ice Cream - Rice Dream®

Vanilla Pints - Tofutti®

Mama Melrose's Ristorante Italiano

Aproten Low Protein Penne Pasta

Choc Chip Cookies - Enjoy Life®

Gluten Free Rolls - GNI

Penne Pasta Brown Rice - Tinkyada®

Pizza Shell - Udi's®

Potato Flour

Rice Milk - Pacific Natural Foods®

Spaghetti Brown Rice - Tinkyada®

Vanilla Ice Cream - Rice Dream®

Vegan Mozzarella Cheese

Xanthan Gum - Bob's Red Mill®

Pizza Planet

Choc Chip Cookies - Enjoy Life®

Gluten Free Brownie - OMG

Pizza Shell - Udi's®

Vegan Mozzarella Cheese

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WALT DISNEY WORLD® Resort - Gluten-friendly Dietary Guide

Prime Time Cafe

Aproten Low Protein Penne Pasta
Chicken Tenders - AllergyFree
Choc Chip Cookies - Enjoy Life®
Dinner Roll - Udi's®
Double Chocolate Muffins Udis
Elbow Pasta, Brown Rice - Tinkyada®
Gluten Free Blueberry Muffin - Udi's®
Gluten Free Brownie - OMG
Gluten Free Brownie Mix - Bob's Red Mill®
Gluten Free Cinnamon Raisin Bagel - Udi's®
Gluten Free Hot Dog Bun
Gluten Free Hot Dog Bun - GNI
Gluten Free Individual Pizza - OMG
Gluten Free Pizza Crust - Bob's Red Mill®
Gluten Free Plain Bagel - Udi's®
Gluten Free Rolls - GNI
Gluten Free Whole Grain Bread - Udi's®
Gluten/Wheat Free French Toast Sticks
Macaroni & Cheese - Amy's®
Quiona Pasta, GF, Elbows - Ancient Harvest®
Sea Salt Rice Chips - Lundberg Farms®
Silk Vanilla Soymilk
Sorbet Raspberry (Dairy Free) - Haagen-Daz®
Soy American Cheese - Tofutti®
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®
White Rice Flour - Bob's Red Mill®

Sci-Fi Dine-In Theater

Aproten Low Protein Penne Pasta
Chicken Tenders - AllergyFree
Choc Chip Cookies - Enjoy Life®

Elbow Pasta, Brown Rice - Tinkyada®
Gluten Free Brownie - OMG
Gluten Free Hot Dog Bun
Macaroni & Cheese - Amy's®
Penne Pasta Brown Rice - Tinkyada®
Pizza Shell - Udi's®
Rice Milk - Pacific Natural Foods®
Silk Original Soymilk
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®

Studio Catering Co.

Chicken Tenders - AllergyFree
Rice Milk - Pacific Natural Foods®
White Bread - Udi's®

Sunset Ranch Market, Starring Roll's Bakery, Min & Bill's

Chicken Tenders - AllergyFree
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®

Disney's Polynesian Resort

Captain Cook's

Chicken Tenders - AllergyFree
Choc Chip Cookies - Enjoy Life®
Gluten Free Baking Flour - Bob's Red Mill®
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Hot Dog Bun - GNI
Gluten Free Plain Bagel - Udi's®
Gluten Free Rolls - GNI
Rice Milk - Pacific Natural Foods®
Silk Original Soymilk
Silk Vanilla Soymilk

Snickerdoodle Cookies - Enjoy Life®
Tamari, WF and Red. Sodium - San-J
Vanilla Ice Cream - Rice Dream®

Disney's Polynesian Resort

Chicken Tenders - AllergyFree
Choc Chip Cookies - Enjoy Life®
Gluten Free Baking Flour - Bob's Red Mill®
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Hot Dog Bun - GNI
Gluten Free Plain Bagel - Udi's®
Gluten Free Rolls - GNI
Rice Milk - Pacific Natural Foods®
Silk Original Soymilk
Silk Vanilla Soymilk
Snickerdoodle Cookies - Enjoy Life®
Tamari, WF and Red. Sodium - San-J
Vanilla Ice Cream - Rice Dream®

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Kona Café

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Gluten Free Baking Flour - Bob's Red Mill®
- Gluten Free Brownie - OMG
- Gluten Free Burger Bun - GNI
- Gluten Free Hot Dog Bun - GNI
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tamari, WF and Red. Sodium - San-J
- Vanilla Ice Cream - Rice Dream®

Ohana

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Gluten Free Baking Flour - Bob's Red Mill®
- Gluten Free Brownie - OMG
- Gluten Free Burger Bun - GNI
- Gluten Free Hot Dog Bun - GNI
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tamari, WF and Red. Sodium - San-J
- Vanilla Ice Cream - Rice Dream®

Everything Pop Shopping and Dining

- Aproten Low Protein Penne Pasta
- Caramel Popcorn - Rocky Mountain Popcorn Company®
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Gluten Free Baking Flour - Bob's Red Mill®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Burger Bun - GNI
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Hot Dog Bun - GNI
- Gluten Free Individual Pizza - OMG
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Pizza Crust - Bob's Red Mill®
- Gluten Free Pizza Crust - GNI
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Gluten Free Vegan Cupcakes - BabyCakes NYC
- Gluten Free Whole Grain Bread - Udi's®
- Pizza Shell - Udi's®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Soy Free Spread - Earth Balance
- Tapioca Hot Dog Roll - Ener-G®
- Tapioca Roll - Ener-G®
- Vegan Mozzarella Cheese

Landscapes of Flavor

- Caramel Popcorn - Rocky Mountain Popcorn Company®
- Cheddar Cheese Shreds - Daiya™

- Chicken Tenders - AllergyFree
- Dinner Roll - Udi's®
- Double Chocolate Muffins Udis
- Egg Replacement Powder - Ener-G®
- Falafel Chips
- Fiesta Lime Rice Chips - Lundberg Farms®
- Gluten Free Baking Flour - Bob's Red Mill®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Burger Bun - GNI
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Hot Dog Bun - GNI
- Gluten Free Individual Pizza - OMG
- Gluten Free Pizza Crust - GNI
- Gluten Free Plain Bagel - Udi's®
- Gluten Free Rolls - GNI
- Gluten Free Whole Grain Bread - Udi's®
- Honey Dijon Rice Chips - Lundberg Farms®
- Macaroni & Cheese - Amy's®
- Milk - Lactaid
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Soy American Cheese - Tofutti®
- Spaghetti Brown Rice - Tinkyada®
- Vanilla Ice Cream - Rice Dream®
- Vegan Mozzarella Cheese

Disney's Pop Century Resort/Art of Animation R

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Disney's Port Orleans Resort

Port Orleans Resort - French Quarter

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Cup4Cup Gluten Free Flour
 Dinner Roll - Udi's®
 Gluten Free Baking Flour - Bob's Red Mill®
 Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
 Gluten Free Hamburger Bun

Gluten Free Hot Dog Bun
 Gluten Free Individual Pizza - OMG
 Gluten Free Pizza Crust - Bob's Red Mill®
 Gluten Free Rolls - GNI
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Mozz Cheese Shreds - Daiya™
 NSA Brownie - OMG
 Pasta penne gluten free
 Pasta, spaghetti gluten free
 Vanilla Ice Cream - Rice Dream®

Port Orleans Resort - Riverside

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Cup4Cup Gluten Free Flour
 Cup4Cup Gluten Free Pancake Mix
 Dinner Roll - Udi's®
 Elbow pasta gluten free
 GF Flour

Gluten Free Blueberry Muffin - Udi's®
 Gluten Free Brownie - OMG
 Gluten Free Cinnamon Raisin Bagel - Udi's®
 Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
 Gluten Free Hamburger Bun
 Gluten Free Hot Dog Bun
 Gluten Free Individual Pizza - OMG
 Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
 Macaroni & Cheese - Amy's®
 Milk - Lactaid
 Mozz Cheese Shreds - Daiya™
 NSA Brownie - OMG
 Pasta penne gluten free
 Pasta, spaghetti gluten free
 Pizza Shell - Udi's®
 Rice Milk - Pacific Natural Foods®
 Waffle & Pancake Mix - Namaste

Disney's Saratoga Springs Resort & Spa

Artist's Palette

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Fiesta Lime Rice Chips - Lundberg Farms®
 Gluten Free Brownie - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Plain Bagel - Udi's®
 Gluten Free Whole Grain Bread - Udi's®
 Honey Dijon Rice Chips - Lundberg Farms®
 Live Granola Bar - Go Raw®
 Macaroni & Cheese - Amy's®

NSA Brownie - OMG
 Pizza Shell - Udi's®
 Sea Salt Rice Chips - Lundberg Farms®

The Turf Club Bar & Grill

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Brownie - OMG
 Gluten Free Hot Dog Bun
 Macaroni & Cheese - Amy's®
 NSA Brownie - OMG
 Pizza Shell - Udi's®
 Tapioca Roll - Ener-G®

Disney's Typhoon Lagoon Water Park

Disney's Typhoon Lagoon Water Park

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Gluten Free Brownie - OMG
 Gluten Free Choc Chip Cookies - OMG
 Gluten Free Hamburger Bun
 Gluten Free Hot Dog Bun
 Gluten Free Individual Pizza - OMG
 Macaroni & Cheese - Amy's®
 Vanilla Pints - Tofutti®

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Disney's Wilderness Lodge

Artist Point

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Hamburger Bun
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 NSA Brownie - OMG
 Pizza Shell - Udi's®
 Silk Original Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®
 Waffle & Pancake Mix - Namaste
 White Bread - Udi's®
 Xanthan Gum - Bob's Red Mill®

Roaring Forks

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Hamburger Bun
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 NSA Brownie - OMG
 Pizza Shell - Udi's®

Silk Original Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®
 Waffle & Pancake Mix - Namaste
 White Bread - Udi's®
 Xanthan Gum - Bob's Red Mill®

Whispering Canyon Café

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Gluten Free Brownie - OMG
 Gluten Free Brownie Mix - Bob's Red Mill®
 Gluten Free Hamburger Bun
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 NSA Brownie - OMG
 Pizza Shell - Udi's®
 Silk Original Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®
 Waffle & Pancake Mix - Namaste
 White Bread - Udi's®
 Xanthan Gum - Bob's Red Mill®

Disney's Yacht & Beach Club Resorts

Beaches & Cream Soda Shop

Gluten Free Brownie - OMG
 Gluten Free Choc Chip Cookies - OMG

Gluten Free Hamburger Bun
 Gluten Free Hot Dog Bun
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Vanilla Ice Cream - Rice Dream®
 Vanilla Pints - Tofutti®

Cape May Café

Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Dbl Choc Cookies- Enjoy Life®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Brownie - OMG
 Gluten Free Cinnamon Raisin Bagel - Udi's®
 Gluten Free Doughnuts - BabyCakes NYC™
 Gluten Free Individual Pizza - OMG
 Gluten Free Pancake Mix - Bob's Red Mill®
 Gluten Free Rolls - GNI
 Gluten Free Vegan Brownie Bites - BabyCakes NYC
 Macaroni & Cheese - Amy's®
 Penne Pasta Brown Rice - Tinkyada®
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Vegan Cookies - BabyCakes NYC™
 Vegan Loaf Cake, Assorted Flavors - BabyCakes NYC™

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Captain's Grille

- Almond Milk, Plain
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Double Chocolate Muffins Udis
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Pancake Mix - Bob's Red Mill®
- Gluten Free Whole Grain Bread - Udi's®
- Pasta penne gluten free
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk

- Soy Free Spread - Earth Balance
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste

- Xanthan Gum - Bob's Red Mill®

Disney's Yacht & Beach Club Resorts

- Almond Milk, Plain

Yachtsman Steakhouse

- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Rolls - GNI
- Goat Milk

Downtown Disney® Area

Disney Quest - FoodQuest

- Chicken Tenders - AllergyFree

- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Hamburger Bun
- Gluten Free Individual Pizza - OMG
- Macaroni & Cheese - Amy's®
- Tapioca Hot Dog Roll - Ener-G®

Epcot® Park

Akershus Restaurant

- Choc Chip Cookies - Enjoy Life®
- Cup4Cup Gluten Free Flour
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Waffles - Van's™
- Macaroni & Cheese - Amy's®
- Potato Flour
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Soy Free Spread - Earth Balance
- Sugar Crisp Cookies- Enjoy Life®
- Tapioca Roll - Ener-G®
- Vanilla Pints - Tofutti®

Biergarten Restaurant

- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gluten Free Brownie - OMG
- Gluten Free Hot Dog Bun
- Rice Crispy Milk Chocolate Bar - Enjoy Life®
- Silk Original Soymilk
- Spaghetti Brown Rice - Tinkyada®
- Tapioca Roll - Ener-G®

Coral Reef Restaurant

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Macaroni & Cheese - Amy's®
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tapioca Roll - Ener-G®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

Electric Umbrella Restaurant

- Chicken Tenders - AllergyFree
- Gluten Free Burger Bun - GNI
- Macaroni & Cheese - Amy's®
- NSA Brownie - OMG

Le Cellier

- Penne Pasta Brown Rice - Tinkyada®
- Silk Original Soymilk
- Soy Free Spread - Earth Balance
- Tapioca Roll - Ener-G®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

Liberty Inn

- Chicken Tenders - AllergyFree
- Gluten Free Burger Bun - GNI
- Macaroni & Cheese - Amy's®
- NSA Brownie - OMG

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Rose & Crown Restaurant

- Aproten Low Protein Penne Pasta
- Spaghetti Brown Rice - Tinkyada®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

Sunshine Seasons

- Caramel Popcorn - Rocky Mountain Popcorn Company®
- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Macaroni & Cheese - Amy's®
- NSA Brownie - OMG
- Rice Crispy Milk Chocolate Bar - Enjoy Life®
- Silk Vanilla Soymilk

The Garden Grill

- Choc Chip Cookies - Enjoy Life®
- Dbf Choc Cookies- Enjoy Life®
- Gluten Free Rolls - GNI
- Macaroni & Cheese - Amy's®
- Silk Vanilla Soymilk

ESPN Wide World of Sports

ESPN Wide World of Sports Grill

- Caramel Popcorn - Rocky Mountain Popcorn Company®
- Choc Chip Cookies - Enjoy Life®
- Fiesta Lime Rice Chips - Lundberg Farms®
- Gluten Free Blueberry Muffin - Udi's®
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Plain Bagel - Udi's®
- Live Granola Bar - Go Raw®
- Sea Salt Rice Chips - Lundberg Farms®

Magic Kingdom® Park

Be Our Guest Restaurant

- Choc Chip Cookies - Enjoy Life®
- Chocolate Cake Mix - Namaste
- Egg Replacement Powder - Ener-G®
- GF Flour
- Gluten Free 6" Round Cake - BabyCakes NYC™
- Gluten Free Hot Dog Bun
- Gluten Free Rolls - GNI
- Gluten Free Whole Grain Bread - Udi's®
- Quiona Pasta, GF, Elbows - Ancient Harvest®
- Silk Vanilla Soymilk
- Tapioca Roll - Ener-G®
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®
- Wheat Free Bread - Food for Life®
- Xanthan Gum - Bob's Red Mill®

Casey's Corner

- Choc Chip Cookies - Enjoy Life®
- Gluten Free Hot Dog Bun

Cinderella's Royal Table

- Chicken Tenders - AllergyFree
- Chocolate Cake Mix - Namaste
- Gluten Free 6" Round Cake - BabyCakes NYC™
- Gluten Free Rolls - GNI
- Gluten Free Waffles - Van's™
- Silk Vanilla Soymilk
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

White Rice Flour - Bob's Red Mill®

Columbia Harbour House

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Gluten Free Brownie - OMG
- Gluten Free Choc Chip Cookies - OMG
- Macaroni & Cheese - Amy's®

Cosmic Ray's Starlight Café

- Choc Chip Cookies - Enjoy Life®
- Gluten Free Brownie - OMG
- Gluten Free Burger Bun - GNI
- Gluten Free Choc Chip Cookies - OMG
- Gluten Free Hamburger Bun
- Gluten Free Hot Dog Bun
- Gluten Free Hot Dog Bun - GNI

Liberty Tree Tavern

- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Gluten Free 6" Round Cake - BabyCakes NYC™
- Gluten Free Burger Bun - GNI
- Gluten Free Rolls - GNI
- Gluten Free Whole Grain Bread - Udi's®
- Macaroni & Cheese - Amy's®
- Silk Vanilla Soymilk
- Vanilla Ice Cream - Rice Dream®
- Vanilla Pints - Tofutti®

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WALT DISNEY WORLD® Resort - Gluten-friendly Dietary Guide

Main Street, USA

Chicken Tenders - AllergyFree
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Hot Dog Bun
Gluten Free Hot Dog Bun - GNI
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®

Peco's Bill's Café

Choc Chip Cookies - Enjoy Life®
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Choc Chip Cookies - OMG
Gluten Free Hamburger Bun

Pinocchio Village Haus

Choc Chip Cookies - Enjoy Life®
Gluten Free Brownie - OMG
Gluten Free Choc Chip Cookies - OMG
Gluten Free Individual Pizza - OMG
Macaroni & Cheese - Amy's®
Pizza Shell - Udi's®

The Crystal Palace

Chicken Tenders - AllergyFree
Egg Replacement Powder - Ener-G®
Gluten Free 6" Round Cake - BabyCakes NYC™
Gluten Free Baking Flour - Bob's Red Mill®
Gluten Free Brownie Mix - Bob's Red Mill®
Gluten Free Cinnamon Sugar Donuts - Kinnikinnick®
Gluten Free Individual Pizza - OMG
Gluten Free Rolls - GNI
Gluten Free Vanilla Glazed Donuts - Kinnikinnick®
Gluten Free Waffles - Van's™

Gluten Free Whole Grain Bread - Udi's®
Macaroni & Cheese - Amy's®
Milk - Lactaid
Pizza Shell - Udi's®
Rice Milk - Pacific Natural Foods®
Soy American Cheese - Tofutti®
Tamari, WF and Red. Sodium - San-J
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®

The Plaza Restaurant

Chicken Tenders - AllergyFree
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Hot Dog Bun
Gluten Free Hot Dog Bun - GNI
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®

Tomorrowland Terrace

Caramel Popcorn - Rocky Mountain Popcorn Company®
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Hamburger Bun
Gluten Free Hot Dog Bun
Gluten Free Hot Dog Bun - GNI
NSA Brownie - OMG

Tomorrowland Terrace Dessert Party

Caramel Popcorn - Rocky Mountain Popcorn Company®
Gluten Free Brownie - OMG
NSA Brownie - OMG

Tony's Town Square Restaurant

Chicken Tenders - AllergyFree
Gluten Free 6" Round Cake - BabyCakes NYC™

Gluten Free Brownie - OMG
Penne Pasta Brown Rice - Tinkyada®
Pizza Shell - Udi's®
Quiona Pasta, GF, Elbows - Ancient Harvest®
Silk Vanilla Soymilk
Soy Free Spread - Earth Balance
Tapioca Roll - Ener-G®
Vanilla Ice Cream - Rice Dream®
Vanilla Pints - Tofutti®

Tortuga Tavern

Choc Chip Cookies - Enjoy Life®
Gluten Free Brownie - OMG
Gluten Free Burger Bun - GNI
Gluten Free Choc Chip Cookies - OMG
Gluten Free Hamburger Bun

Walt Disney Parks and Resorts will use reasonable efforts to prevent the introduction of the allergen of concern into the food through close attention during our sourcing, preparation and handling process. However, it is ultimately up to the Guest to use his or her individual discretion to make an informed choice regarding whether to order or consume any particular item(s). Walt Disney Parks and Resorts cannot guarantee that allergens may not have been introduced during another stage of the food handling process, or even inadvertently during preparation. We do not have separate kitchens to prepare allergen-free items or separate dining areas for Guests with allergies or intolerances. Guests with food allergies or intolerances are allowed to bring food items into any Disney theme park or resort. Please inform the Security Cast Member at bag check that someone in the party has a food allergy or intolerance.